

**Health & Physical Education (K-12)
St. Andrews University**

Competency A minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.		Course Prefix & Number	Course Title When multiple courses are listed for one competency, only one course is required to satisfy the competency, unless otherwise noted.	Course Offerings
A	Foundations, Principles, & Practices of Physical and/or Health Education	SS 231	Foundations & Principals of Physical Education and Sport	F, S
		EDU 328	K-12 Healthful Living & Physical Education Methods for the Physical Education Teacher	S
B	Individual, Community, & Global Health Issues	HPE 370	K-12 Health Methods	F
C	Human Biology, Anatomy, & Reproductive Health	BIO 221	Human Anatomy & Physiology	F
		SS 402	Exercise Physiology	S
		SS 325	Kinesiology and Biomechanics	F
D	Fundamental Motor Skills & Movement Forms	SS 215	Individual Sports Skills Analysis	1.5 credits
		SS 216	Team Sports Skills Analysis	1.5 credits
E	Sports, Physical & Leisure Activities	SS 410	Organization and Administration of PE & Sport	F (Alternate Semesters)
F	Healthy Behavior, Fitness, & Obesity Prevention	HPE 370	K-12 Health Methods	F
G	Health Education & Promotion	HPE 370	K-12 Health Methods	F

Posted: Summer 2018

Revised: Spring 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand

e=even years, o=odd years, ^=online

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.sa.edu>